

**Change the World** 

## Protect yourself. Protect others.

By wearing a mask you not only protect your life, but also the lives of those you care about the most. Join the **#MaskUpMandela** movement and show your

and our country during this time.

This is one of many ways we are playing

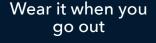
our part to #FlattenTheCurve.

CORONAVIRUS OUTBREAK national

HOTLINE: 0 800 029 999

08h00 - 16h00 (Monday - Friday)







Try not to touch it



Wash it every 2 days



Make sure it covers nose & mouth